

Twenty-five years of showing up for people in the hardest moments.

Steady Support Through Crisis and Change.

Compassionate therapy for people facing chronic illness, crisis, grief, and significant life stress.



Bonnie works with clients who are ready to:

-  Find footing during a crisis
-  Live with chronic mental or physical illness
-  Process grief, loss, and end-of-life transitions
-  Support a loved one while caring for themselves
-  Move through significant life stress

Bonnie Martello, LMFT

LICENSED MARRIAGE & FAMILY THERAPIST

Licensed in California since 2000

Bonnie earned her Master of Science in Marriage, Family, and Child Counseling from Loma Linda University and has been a Licensed Marriage and Family Therapist in California since 2000. Throughout her career, Bonnie has worked in hospitals, clinics, private practice, and community-based settings. Her experience includes supporting individuals living with chronic mental illness, patients who were homebound or receiving hospice care, and people navigating crisis or significant life stress.



Where Resilience Meets Rhythm

VISIT OUR WEBSITE
cadencetraumawellness.com

CALL OR TEXT
279-244-5386

TAKE THE NEXT STEP
We're here when you're ready.

Real support. Real connection. Real change. *We are in this with you.*